

Healing & Wellness

Here you will find some of the business that are run by our group members or by recommended locals. Feel free to PM @MadsJuhl on Telegram if you want to have yours or recommended business listed on here - I will send you a small template to fill out to keep the list looking great.

International Dental Center PV *highly recommended*

Description: Yoalli De Morey Navarro is a Biological Dentist in Puerto Vallarta - Has been recommended by multiple group members and many other expats

Address:

Lazaro Cardenas 446, Emiliano Zapata, 48380
Puerto Vallarta, Jalisco, Mexico

Accepted payment methods: Pesos (Cash), Credit card

Contact Methods	
WhatsApp/Phone	(322) 127 0463
E-mail	dentistyoalli@gmail.com
Website	Mybiodentistry.com

Luis Enrique

Description: Holistic Massage, trigger points, fascia, Reiki, healer (at home service)

Accepted payment methods: Pesos (Cash)

Contact Methods	
WhatsApp/Phone	52-322-112-6107

Dr. Sofia Lopez * Highly recommended*

Description: An MD, naturopath, speaks English

Address: Sana Centro Medicina Natural Alternativa

Av. Francisco Villa 1010, Jardines de Las Gaviotas, 48333 Puerto Vallarta

Accepted payment methods: Pesos, Credit, Debit

Contact Methods	By phone
WhatsApp/Phone	52-348-135-0207

Dr. Irving Ramirez

Description: Naturopath

Accepted payment methods: n/a

Contact Methods	whatsapp, calls
WhatsApp/Phone	+52 311 122 3782

Dr. Eric Fulfer

Description: American Chiropractor; Dr. Fulfer has office in both PV and NV. NV office is inside MEGA by the bathroom.

Accepted payment methods: Pesos (Cash)

Contact Methods	
WhatsApp/Phone	52-322-180-7393

Dr. Laura Garcia Gutierrez

Description: Obgyn

Accepted payment methods: Pesos

Contact Methods	
WhatsApp/Phone	52-322-222-1889

Dr Alejandro Peña

Description: Pediatrician in PV, speaks English

Accepted payment methods: Pesos, credit card, debit, cash

Contact Methods	https://am9xy.app.goo.gl/uU5uj2ZzDUpZgse37
WhatsApp/Phone	52 322 135 6483

Heather Baker

Description: Midwife ; (Traveling midwife of 26 years)

Accepted payment methods: n/a

Contact Methods	
WhatsApp/Phone	1-920-492-1667

Paradise Electronic Acupuncture

Description:

Hi everyone, my name is Jim Berscht. I do electronic acupuncture to help people quit addictions, here in Puerto Vallarta.

I use small electrical current and frequency to help you quit smoking, vaping, drugs, alcohol, weight loss, anxiety, depression, stress, and insomnia.

I can also help with many other issues such as: acid reflux, ADHD, arthritis, back pain, fibromyalgia, migraines, inflammation, OCD, sciatica, tinnitus, wrist pain and much more.

For more info or to book an appointment, please DM me or WhatsApp me at +52-999-411-2932

Accepted payment methods: Pesos (Cash) - Crypto

Contact Methods	
WhatsApp/Phone	52-999-411-2932

Shine Therapy & Hypnotherapy

Description: Shine provides highly effective, Life-changing therapies, customized to each individual.

Shine creates Mental & Physical Wellness through natural, highly effective therapies, So you can lead a more productive and vibrant Life.

Please visit my website to find more information and follow my social media links. Enjoy my free Hypno-Affirmation sessions on my YouTube Channel, and please be sure to like, subscribe and share them.

Reach out to me personally if you have any questions or would like to book a consultation or a session. Special discounts for anyone who pays in cash and additional discounts if you mention "Wiki sent you"

Please donate, if you can, to help others on their mental health journey.

Also, if you think you can't afford mental health, please reach out to shine anyway to discuss your options.

Shine believes in Mental Wellness for all

Thank you, Tina T.

Accepted payment methods: Cash preferred (Pesos discount), CC online, Donation online

Website - [CA Website](#) - [Instagram](#)

Contact Methods	
Whatsapp	604-245-3625
E-Mail	Shifthappens@shinehypnotherapy.com
Phone MX	+52 322 3019214

Earthstar Farie Energetic Healer

Description: I offer energetic clearings, it is similar to Reiki but utilizes earth energy as well as cosmic energy. Earth energy helps us to feel grounded, safe and present. We are all energetic beings, as we go through life, we can pick up energy and attachments that can negatively affect

our physical, emotional and spiritual well being. I can clear negative energy and blockages from your aura, charkas and physical body. Energy clearings can help with emotional and physical pain, allowing clearer connection with spirit and your higher self. I have been practicing this modality for the past 2 years. I wish to gain further experience so I'm offering the 1st healing for free, after this it is 500 pesos for 40mins.

Accepted payment methods: Pesos (cash), Crypto (BTC, XMR or SOL) and I'm also open to trades.

Contact Methods	
Whatsapp	+1-250-240-1856
E-Mail	clairegan@protonmail.com
Signal	+1-250-240-1856
Telegram	@Badfarie

Elev8 Movement & Play Therapy

Description: Pinched nerves driving you crazy? Sore lower back feel compacted by the weight of the world? Come and get Elevated, Invigorated and Embodied with Lisa and her playful mash-up of movement modalities, such as Breathwork, Partner stretching, Aerial yoga, Emotional release techniques, Inversion/Traction decompression & finally a deep relaxing Thai Massage) Location: In the heart of 5D, rooftop patio. Price Range: from 300 pesos/60 min, 450 pesos for a 90 min session, 600 for 120 min.

Accepted payment methods: Pesos, Canadian bank interac transfer, Monero, barter/trade



Contact Methods	
WhatsApp	1-604-213-9858
Telegram	@LisaLuckyPack

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